## **Progression in PESSPA at St. Wulstan's**

## **The Journey Starts**

All children to achieve a GLD by end of Reception. Supported by outdoor provision, Squiggle: While You Wiggle, Dough Disco, Jumping Jaxx etc.

## **Extra Opportunities**

Children receive 'booster' sessions throughout the year. Worcester Cricket, Balance Bikes and Jon Miller Coaching.

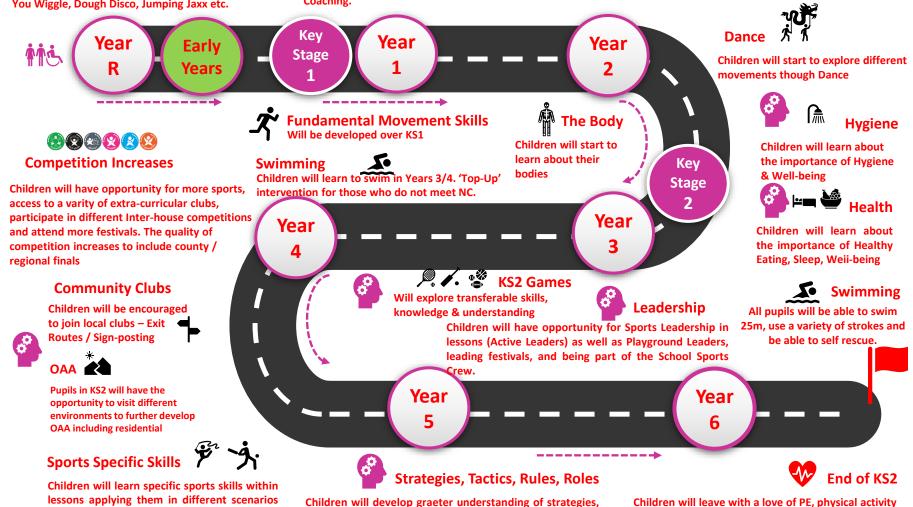
## SOCO Competition

Children will be introduced to competition -Intra / Inter Sportsday / festivals

& sport. At High School they will engage in

lifestyles

opportunities, clubs, teams. They may choose GCSE or BTEC PE. Sports Leadership & active, healthy



tactics and rules for sports. They will take on different

roles (e.g. umpire, coach)

and related sports